



Region II : Lewis-Clark State College SBDC

# Realizing a dream with the purchase of a building

*“I was assisted by the SBDC from the beginning, from looking at buildings to the actual building purchase.”*

Ingrid Blinn started her own counseling business in 2009 with a dream to create a counseling and wellness center. In 2012, she was ready to purchase a building and contacted the Idaho SBDC. The SBDC helped her with a business plan, finding the right building, navigating an SBA loan, marketing and signage.

Riverplace Counseling and Wellness opened the doors and with that - Blinn's dream came true. She leases space to 4 other professionals and has hired 5 part-time staff. She continues to use SBDC services, including a student marketing project. When speaking about her SBDC consultant Blinn says “I appreciate her honesty, concern, and support.”



**Riverplace Counseling and Wellness, PLLC**

Ingrid Blinn, M.A., LPC  
Lewiston, ID  
Started: 2009

[RiverplaceCounseling.com](http://RiverplaceCounseling.com)



- Purchased building
- Leases space to other professionals